

Career Development

Session: Career Goals Mentor Group Day 3 10:30-11:30

Time: 60minutes

Goal: Finalize and share objectives and begin to develop a workplan.

Specific Learning Objectives:

- 1) Define and apply the SMART objective template to top 3 individual objectives.
- 2) Develop a work plan for the highest priority objective
- 3) Discuss work plan with the mentor group to gain support and elicit feedback.

Methods:

NOTES:

Facilitators- Share with your group feeling free to include personal experiences to help them understand the importance of this step Do you have experience of having an organized work plan helping you through a project? If not, how do you think a workplan can/does help in organized a project. .

Instruct your group to pair up and alternate sharing their top objective, they should check to make sure that it is in SMART format. With the additional time, they should alternate back and forth developing their other 2 objectives

1. For 15 minutes- pair with another from your table to review your top objectives 1-3 depending on how long it takes and your peer will check them for SMART (Specific, Measureable, Achievable, Relevant, and Time-based). When you finish, move on to #2.
 - a. Check if it is specific, measureable and achievable by asking “how will I know if I have accomplished this?”
 - b. Check if it is relevant by asking “who will care about this?”
 - c. Finally, check that it is time based by asking, “When would it be that you would be assessing if it is complete?”
 - d. If it is too hard to meet several of the SMART requirements, and you can’t modify to do so then ask your mentor. You may need to break the objective up into several separate ones.

After 15 minutes of objective discussion, move on to working on the work plan. Facilitator should review the sample work plan and really focus on their immediate next steps, they will report back to the group their next steps (what activities will happen in the next week and month to work toward their SMART objective?) push them to be specific.

2. For the next 20 minutes, with your partner, develop a work plan for one of the objective (samples provided). What do you need to do to achieve your objective? Think of your “to do list”. This will become dynamic as a way to track and record.
 - a. What will you do on your way home today?
 - b. Next week
 - c. Who will you need to get to help you and how will you follow up?
 - d. Important things to think of are little things like -set up meetings, review literature, get buy-in, etc. These are activities that are often forgotten.
 - e. Include a plan for following up on your workplan! How are you going to keep this updated/active.

Final 20 minutes each participant spends 2 minutes sharing their next steps to the work plan. Make sure to cover everyone and that they are being specific. If one participant needs more time, take a note and then potentially go back to them. During this time, focus on the actions and steps rather than reflection on barriers.

3. Present first steps of your work plan to the mentor group and elicit feedback 20 min

SAMPLE: "BETTER" Rotation plan | 2013

Goal				
ACGME PBLI/Professionalism: Graduates will have the ability to improve patient care based on self reflection, improved knowledge of the business of medicine and the application of QI principles.				
Objective	Activities	Persons responsible	Timeframe for assessing progress	Data/Evaluation (Kirkpatrick's pyramid- reflection, learning, transfer, results)
<p>We will continue to modify the "BETTER" QI/research curriculum in order to engage and teach QI principles and other identified curricular gaps (billing and coding, medicolegal, etc) through completion of a project, use of IHI open school, and targeted didactics. Outcomes will be measured by the number of resident projects to be completed by July 2013, the QIKAT, resident completion of IHI modules and resident feedback.</p>	<ul style="list-style-type: none"> • Set meeting to plan session 4, and discuss set up of the oversight faculty meeting (see below) • Determine where to place CTI training • Create resident survey for those who have completed 2 sessions • Plan to administer QIKAT- where/when • Create a BETTER curriculum link on the website- • start with PB works for the planning committee and then move over projects, instructions for sessions, links to sites and worksheets • DRAFT- poster summarizing current outcomes • reAssemble the team via <u>email and set oversight faculty meeting- Ask to identify best practices</u> • Agenda: Set up monthly meetings, review feedback from current curriculum, reports on review of current curriculum • Discuss goals and objectives for each theme (QI, QI project, billing and coding, medical legal, advanced communication) • Create a list of current programs/best practices for their QI projects. Including <u>literature review</u>. • Send poster to BGSMC, Banner and VA leaders (to gain additional <u>buy-in</u>). • Develop list of projects for residents to be involved with and post on the website. Updated with VA and Banner initiatives. • Faculty development session 	<p>Cheryl/Dick</p> <p>APD team</p> <p>Maria Cheryl</p> <p>Jayne/Ruth/Cheryl</p> <p>Cheryl/Dick/Others</p>	<p>This week</p> <p>Feb 28</p> <p>July 2013 Feb 28</p> <p>Feb 28</p> <p>Feb 28</p> <p>July 2013</p> <p>July 2013 August 2013</p>	<p>1. Number and quality of QI projects completed by residents</p> <p>2. QIKAT</p> <p>3. Resident satisfaction with the curriculum</p>